



Avocado Tomato Cucumber Salad



Ingredients:

- 2 Roma tomatoes, diced
- ¼ cup red onion, finely chopped
- 1 ripe avocado, pitted and diced
- 1 cucumber, peeled and diced
- 1 tsp balsamic vinegar
- 2 Tbsp extra virgin olive oil
- ½ tsp salt
- ¼ cup chopped cilantro

July 31st
is National
Avocado
Day!

Instructions:

1. In a large bowl, combine all ingredients and mix gently.
2. Refrigerate until cool.
3. Enjoy!



Be Safe: Always have an adult
with you when you cook.